

POOL SCHEDULE

Number in parentheses are the number of lanes used for the specific activity
17 years and older only allowed in large pool (Except for open swim hours and all age lap swim)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM - 6AM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open		
6AM - 7AM	Lap swim(4) Water Exercise (2) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open		
7AM - 8AM	Hydroworks (3) Lap Swim (3) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open		
8AM - 9AM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open		
9AM - 10AM	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	
10AM - 11AM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	
11AM - 12PM	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Hydroworks (3) Lap Swim (3) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open
12PM - 1PM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open
1PM - 2PM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide
2PM - 3PM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide
3PM - 4PM	All Age Lap Swim (3) Junior Pool Open	Junior Pool Open Swim Lessons Available	All Age Lap Swim (3) Junior Pool Open	Junior Pool Open Swim Lessons Available	All Age Lap Swim (3) Junior Pool Open		
4PM - 6PM	Junior Pool Open Swim Lessons Available	Junior Pool Open Swim Lessons Available	Junior Pool Open Swim Lessons Available	Junior Pool Open Swim Lessons Available	Junior Pool Open Swim Lessons Available		
6PM - 7PM	Hydroworks (3) Instructor Bella Lap Swim (3) Junior Pool Open	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	Hydroworks (3) Instructor Bella Lap Swim (3) Junior Pool Open	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	Lap swim(4) Water Exercise (2) Junior Pool Open		
7PM - 8PM	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	OPEN SWIM (6) •Junior Pool Open •Diving Boards •Water Slide	OPEN SWIM (6) •Dive In Movie •Junior Pool Open		
8PM - 9PM	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open	Lap swim(4) Water Exercise (2) Junior Pool Open			